

Quest Food Management

002119 - protien pack - egg : nslp tinley	Components	Attributes
HACCP Process: #1 No Cook Number of Portions: 50 Size of Portion: each	Meat/Alt: 2 oz Grains: 2 oz Fruit: 0.5 cup Vegetable: Milk:	

Ingredients	Measures	Instructions
902988 raisin 1.5oz box 544426.....	50 box	using 5" clam shell. after cutting apple soak in lemon juice. sunbutter - goes in 2oz plastic cup with lid
990112 egg lg raw fresh.....	50 egg	
902788 sunbutter gfs 149011.....	50 (2 TBSP = 1m/ma)	
903167 cracker goldfish cinnamon cracker 194510...	50 pack	
903549 granola- soft apple oatmeal 526290.....	50 each	

*Nutrients are based upon 1 Portion Size (each)

Calories	667 kcal	Cholesterol	212 mg	Protein	17.30 g	Calcium	160.00 mg	39.13%	Calories from Total Fat
Total Fat	29.00 g	Sodium	393 mg	Vitamin A	50.0 RE	Iron	5.04 mg	8.77%	Calories from Saturated Fat
Saturated Fat	6.50 g	Carbohydrates	82.40 g	Vitamin A	250.0 IU	Water ¹	*0.00* g	2.56%	Calories from Trans Fat
Trans Fat ¹	1.90 g	Dietary Fiber	9.00 g	Vitamin C	0.0 mg	Ash ¹	*0.00* g	49.42%	Calories from Carbohydrates
								10.37%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values